

Mental Health Assistant Practitioner Vacancy at Cove Bay & Kincorth Medical Centre



This is a very exciting opportunity to join our team and enable our mental health function to expand. The new post holder would be supported by our existing Mental Health Practitioner in delivering assessment and care planning for our patient population who present with mild to moderate mental health issues. They would be working closely with our GPs/ ANPs, the wider primary care / community teams as well as with other mental health services including the PCPT and the CMHT as required.

We would welcome applicants from a broad range of disciplines and backgrounds. The post would be particularly suited to those with experience/ qualifications in mental health nursing, social work and psychological therapy.

Post Overview

- The post holder will assess patients who have been triaged by the Mental Health Practitioner, but may also see patients referred

directly by GPs/ ANPs. It would be expected that the post holder would be competent in risk assessment.

- The post holder will provide mental health assessment and implement/ evaluate an appropriate treatment plan/ intervention/ recommend onward referral, seeking support/ guidance as required and recognising that the primary function of the post is not to hold a caseload and deliver psychological therapy
- The post holder is responsible for their own time management on a day to day basis.
- The post holder will be expected to be able to deliver a range of interventions including brief mental health / interventions, health promotion and psychoeducation.
- The post holder must be familiar with and compliant with all mental health, community care and child health legislation or professional guidance pertinent to care delivery.
- The post holder must maintain written and electronic patient records, working within the parameters of local policies, professional guidelines and national data protection legislation.
- Contribute to evaluation, and any associated quality improvement, audit and research activities undertaken by the practice.
- The post holder will have excellent communication, IT and organisational skills.
- Hours are negotiable up to fulltime.
- Salary is dependent on experience.

WHY SHOULD YOU CHOOSE TO JOIN OUR TEAM?

- **Well-established two centred practice on the south side of Aberdeen serving the well-defined communities of Cove and Kincorth, with a current list size of approximately 14,650**
- **City Visiting Service, First Contact Physiotherapy, Primary Care Psychology, Counselling services, the Listening Service, Link Practitioner, CTAC all help with workload.**
- **Employed Mental Health Practitioner - huge reduction of GP Mental Health workload**
- **ANP co-ordinated Frailty Care including palliative care - another huge reduction in GP workload!**
- **Sabbatical opportunities (for Partners)**
- **Innovative and Modernising approaches**
- **Commitment to High Quality integrated MDT Care**

- **Free protected parking for clinicians at both sites**
- **Mentoring for successful applicant**

Our current clinical team consists of 5 GP partners, 2 ANP partners, one an experienced Elderly Care Advanced Nurse Practitioner and one an experienced Acute Advanced Nurse Practitioner who also does Duty doctor sessions as well as 11 salaried GP's. We also have a fantastic team of Pharmacy Technicians and Primary Care Pharmacists.

If you are interested in looking for a new and exciting challenge and keen to apply, please send a CV and covering letter to gram.kincorthadministrator@nhs.scot

Informal enquiries and visits are also welcome to Susan Gillan, Practice Manager or Claire Forkes, Mental Health Practitioner on 0345 337 1170. Closing date is 31st August 2025



More details about our practice are available on our website – www.covebayandkincorthmedical.co.uk